

LifeEssence™

The World's Most Profound Nutritional Experience



A multiple's only purpose is to supply the nutrients our foods might lack. While this includes vitamins and minerals, those we miss the most are "phyto-chemicals." These factors are found only in plants, and are the reasons doctors tell us to eat at least nine servings of fruits and vegetables each day.

If you eat all those fruits and vegetables, you're a step ahead of the crowd. However, you're still missing the world's most profound phyto-chemicals, because they're found only in a group of plants called Superior Herbs.

Superior Herbs are the world's oldest dietary supplements. They have been prescribed by holistic physicians for over 3000 years to help countless millions of people build better health. They are safe for daily use, rebuild energy to levels that most of us thought we'd never see again, protect against cellular damage, support every cellular process, provide a deep energy reserve to see us through times of serious health challenges, maintain the vigor of youth and help us cope with stress.

Your multiple should also include Superior Foods, like Spirulina, Chlorella and juiced Oat grass sprouts. While foods don't contain as many different phyto-chemicals as Superior Herbs, they are the world's richest whole food sources of vitamins, minerals, amino acids, tissue salts, trace elements, carotenoids, pigments and enzymes. They are better absorbed than any table foods, and supply instant energy from dawn to dusk.

With Superior Foods providing common micro-nutrients, Superior Herbs can be combined to target specific organ systems or the body as a whole. As a multiple, LifeEssence™ combines them to support every organ and gland, and to build every type of energy you require. That means you'll feel better with LifeEssence™ than anything you've used before. You'll feel more energetic, yet more relaxed. You'll sleep more easily, and rise more refreshed. Your hair, skin and nails will improve, and all kinds of minor annoyances may begin to subside. And, because it's made so largely of whole foods, you can use it between meals with none of the repeating that less advanced multiples may cause.

If you're under 40 years of age, LifeEssence™ original is fine for you. If you're beyond that, and your family has a history of the problems that most commonly occur as we age, you might consider LifeEssence™ Women's or Men's Formulas. The Women's formulas add support for hormone balance, as well as factors to support strong bones, strong blood and sound breast health. For men, support for prostate and virility are added.

To learn more about LifeEssence™ original formula, or the Women's or Men's versions, or why Superior Herbs are such profound health builders, visit us at www.pureessencelabs.com. There, you'll find electronic brochures and supplement facts for all our products. You can also ask your retailer for a free CD.

*The world's first Superior Tonic multiple that incorporates the best vitamins, minerals, antioxidants and energizing SuperFood that money can buy.**

In short, our LifeEssence™ series of multiples serve the purpose for which multis exist, better than any other multiples you'll find. Because of that, we guarantee that they'll provide better results than anything else you've ever used. So, if you want a multiple that makes a clearly visible difference in your life, you want LifeEssence™

SUGGESTED USE: Four tablets daily. Best if used in divided doses. May be used with or without meals.

AVAILABLE SIZES: 120 Tablets, 240 Tablets

Supplement Facts

Serving Size: 4 Tablets

Ingredient		Amount Per Serving	%DV
Vitamin A	(as beta carotene)	10,000 IU	200
Vitamin C	(as ascorbic acid)	1000 mg	1667
Vitamin D3	(as cholecalciferol)	1000 IU	250
Vitamin E	(as d-alpha tocopheryl succinate)	300 IU	1000
Vitamin K	(as phyloquinone)	40 mcg	50
Vitamin B1	(as thiamine mononitrate)	30 mg	2000
Vitamin B2	(as riboflavin HCl)	34 mg	2000
Niacin	(as niacinamide, niacin)	100 mg	500
Vitamin B6	(as pyridoxine HCl)	40 mg	2000
Folate	(as folic acid)	800 mcg	200
Vitamin B12	(as methylcobalamin)	200 mcg	3333
Biotin	(as d-biotin)	300 mcg	100
Pantothenic Acid	(as d-calcium pantothenate)	150 mg	1500
Calcium	(as Ca citrate, pantothenate)	200 mg	20
Iodine	(from kelp)	150 mcg	100
Magnesium	(as Mg oxide, citrate)	200 mg	50
Zinc	(as Zn lactate)	15 mg	100
Selenium	(as Se l-methyl selenocysteine)	200 mcg	285
Copper	(as Cu sebacate)	2 mg	75
Manganese	(as Mn citrate)	2 mg	100
Chromium	(as Cr polynicotinate)	200 mcg	166
Molybdenum	(as Mo glycinate)	50 mcg	65
Potassium	(as K citrate)	49 mg	<2

Minerals **28 mg** *
Complete ionic trace mineral complex, 25 mg; Boron (as B glycinate), 2 mg; Silica-rich bamboo leaf extract, 1 mg; Vanadium (as V glycinate), 25 mcg (An average of less than 1 mg of naturally occurring iron is present in LifeEssence's™ food base.)

SuperFood Complex **1238 mg** *
Organic Spirulina, 500 mg; Chlorella, 500 mg; Organic Oat grass juice extract (30:1), 200 mg; North Atlantic kelp, 38 mg

Herbal Extracts **600 mg** *
Cordyceps (10% cordycepic acid), 150 mg; Codonopsis root (10% polysaccharides), 100 mg; Bacopa monnieri extract (35% bacosides), 75 mg; Atractylodes root (10:1), 75 mg; Eleuthero root (0.8% eleutherosides), 50 mg; Organic Goji berries (20% polysaccharides), 50 mg; Schizandra fruit (2% schizandrins), 50 mg; White peony root (4% paeoniflorin), 50 mg

Fruit Extracts **100 mg** *
High ORAC Fruit extracts (250:1)(Strawberries, Blueberries, Blackberries, Cranberries, Grape, Pomegranate & Acerola Cherry extracts), 100 mg

Antioxidants **150 mg** *
L-Cysteine, 50 mg; MSM, 50 mg; Alpha-lipoic acid, 25 mg; Green tea (60% EGCG), 25 mg

Co-Nutrients **250 mg** *
Choline Bitartrate, 100 mg; L-Leucine, 80 mg; Mixed tocopherol complex, 45 mg; Inositol, 25 mg; Octacosanol, 300 mcg

Bioflavonoids **150 mg** *
Hesperidin (80%), 100 mg; Quercetin (Saphora japonica), 25 mg; Rutin, 25 mg

Digestive Aids/Enzymes **36 mg** *
Broad spectrum, vegetarian, digestive plant enzymes, 33 mg; BioPerine® (Piper nigrum extract 50:1), 3 mg

PhytoNutrients *
LifeEssence's™ foods and herbs yield hundreds of valuable phyto-nutrient compounds.

*Daily Value not established. Estimated Whole Food Value 45,000 mg

Other Ingredients: silicon dioxide, cellulose, croscarmellose sodium, stearic acid. **Storage:** Keep tightly closed at room temperature. **Caution:** Please keep all supplements out of children's reach. BioPerine® is a registered trademark of Sabinsa Corp.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



www.pureessencelabs.com

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