

Bariatric Supplements List

1. [VitaBoost, Multi-Vitamin](#)
2. Adult Gummy Chewable Calcium
or Liquid Calcium & Magnesium
3. Sublingual B-12 1000, with B6 & Folic Acid - instant dissolve tabs
or Sublingual Active B Complex Liquid
4. Hema-Plex Sustained Release Iron
5. [Vectomega](#), Omega-3
or Liquid Swirl Omega-3 or 3-6-9 Swirl- taste delicious
6. Liquid Drops Vitamin D3

Keep Your Hair Healthy

Your Multi-Vitamin, Omega-3, Minerals and Vitamin D3 are crucial for daily nutrition plus they support healthy hair, skin & nails. These items will add further support for your hair.

Super Silica

Biotin 5000

Biotin Shampoo

Biotin Conditioner

Meal Replacement & Protein Shakes

INTEK Isolate Evolution

or

INTEK Protein Evolution

or

Titan Stage7 Healthy Meal Replacement



Fairfield Township **513-737-4053**